

DISCLOSURE DOCUMENT

CONSUMER HEALTH

Kathy Butler

e-mail: kathy.butler@slcschools.org

Phone: (801) 481-4946

I Course Description:

Health is a one semester required course and is based on the State Core Curriculum and provides students the opportunity to develop knowledge, skills and attitudes necessary for practicing lifelong, health-enhancing behaviors. The Health II curriculum focuses on what students can do for themselves to meet the objectives of the State core standards. They will understand the impact on attitudes and behaviors and the effect they have on the world around them. Students will learn that they are responsible for their personal well-being and that building a solid foundation of health literacy and decision-making skills can contribute to positive health choices throughout life. The State Core can be accessed on the Utah State Office of Education's website: www.schools.utah.gov/curr/health.

II. Course Objectives:

- a. Students will gain knowledge, skills and strategies related to mental and emotional health to enhance self-concept and relationships with others.
- b. Students will use nutrition and fitness information, knowledge and strategies to enhance health in their daily lives.
- c. Students will have knowledge in good health and risk-reducing behaviors to prevent substance abuse.
- d. Students will demonstrate the ability to apply prevention and intervention knowledge, skills and processes to promote safety in the home, school and community. They will also, gain knowledge of basic first aid and CPR.
- e. Students will gain knowledge and understanding in the prevention of STI's and other communicable and non-communicable diseases.
- f. Students will gain knowledge of human development, social skills and strategies that encourage healthy relationships and healthy growth throughout life.

III. Course Materials

All students should have paper and pencil.

IV. Format and Procedures

There are 2 main options for meeting the course requirements:

- a. Demonstrate Proficiency – This can be achieved by taking a pre-assessment test on the health curriculum. There is a pre-assessment test for term 1 and term 2. This will demonstrate that you have both the knowledge and the skills required to progress. You will then be required to also complete the portfolio assignment.
- b. Complete all lesson, assignments, and tests – This is the traditional way of finishing the course.

V. Course Requirements

Attached to this document is a recommended pacing guide. The purpose of the guide is to set a minimum progression pace for your student. They are encouraged to work ahead of that guide, but need to at least keep pace with the schedule.

Remember that all work submitted should be your own. You may give each other advice and help, but each of you is responsible for developing the knowledge and skills on your own. You will demonstrate this through the assessments in the course. These assessments must be taken in class and will be proctored.

VI. Course Materials:

All students should bring paper and pencils.

VII. Special Rules:

- a. All school rules and policies will be observed.
- b. No harassment policy will be enforced.
- c. Follow emergency procedures when needed.
- d. Unreasonable disruptive behavior, offensive language, fighting, disrespect to a teacher, substitute teacher or classmate will not be tolerated.

VIII. Grading Procedures:

Attached to this document is a recommended pacing guide. The purpose of the guide is to set a minimum progression pace for your student. They are encouraged to work ahead of that guide, but need to at least keep pace with the schedule.

Remember that all work submitted should be your own. You may give each other advice and help, but each of you is responsible for developing the knowledge and skills on your own. You will demonstrate this through the assessments in the course. These assessments must be taken in class and will be proctored.

A	A-	B+	B	B-	C+	C	C-	D+	D	D-	F
93%	90%	87%	83%	80%	77%	73%	70%	67%	63%	60%	<59%

Strive for at least an 80% on all assignments, especially on the assessments. Your grade for a term will be calculated when you finish the term of work. Please let me know when you finish the work so that I know to submit your grade.

PLEASE SIGN BELOW AND RETURN TO INSTRUCTOR

By signing below, I verify that I have read the criteria for Health and have received Ms. Butler's disclosure statement. I am willing to abide by the rules and expectations outlined in this disclosure and I understand that my grade will be determined by the given criteria received.

Student Name: _____

PRINT

Student Signature: _____

Parent Signature: _____

